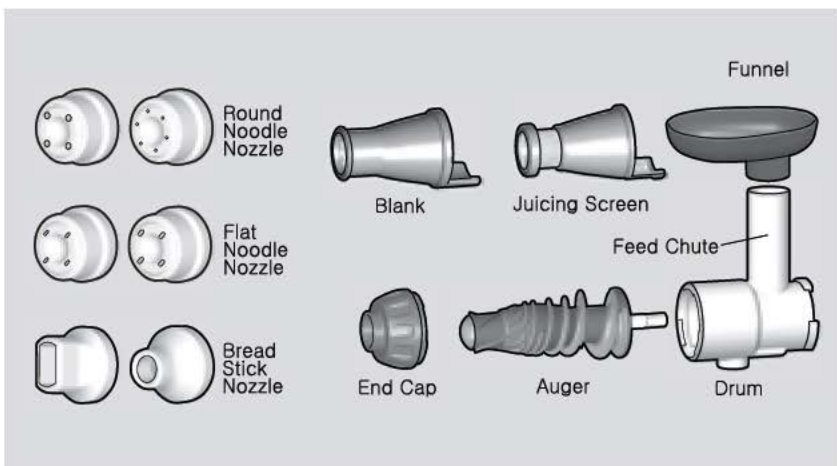
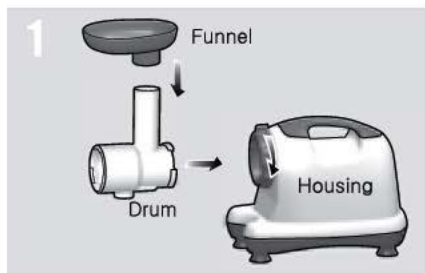


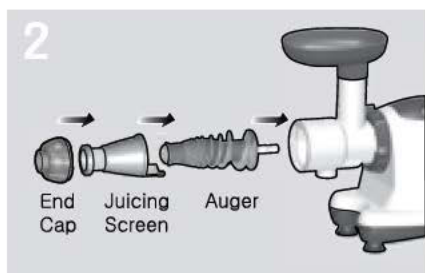
Parts for Juicing or Mincing



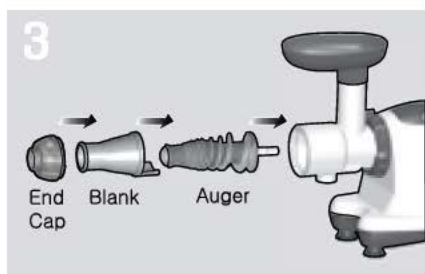
Assembly Instructions



Connect drum with housing by turning locking clip clockwise. Place funnel onto guide.



For juicing function, Place the auger into the drum. Insert the juicing screen into the drum. Place the end cap onto the drum end and turn it counter-clockwise until it clicks firmly into place.

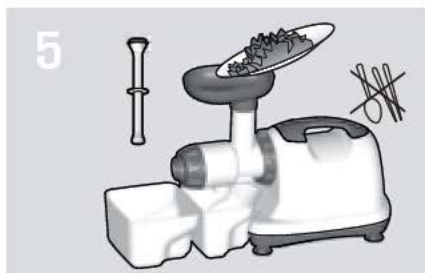


For mincing function, Place the auger into the drum. Insert the blank into the drum. Place the end cap onto the drum end and turn it clockwise until it clicks firmly into place. If interested in making pasta, noodles or breadsticks, please proceed to page 10.

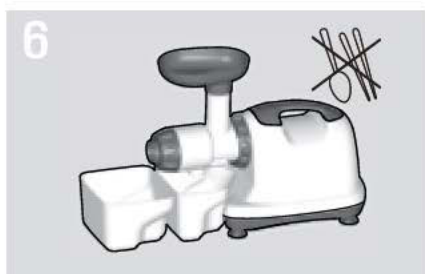


Place juice bowl and waste bowl under drum set. Plug power cord into wall outlet.

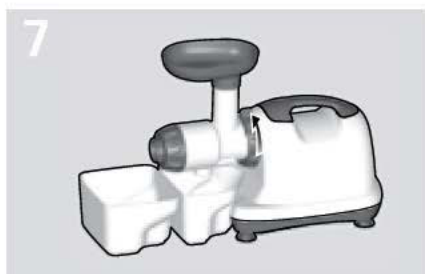
Assembly Instructions



Press the ON button. Place a few pieces of cut fruit or vegetables, one at a time into the guide. Use the plunger to press the fruit or vegetables gently down the guide. Leave the machine on as you feed in the fruits/vegetables.



DO NOT place any metal objects into the funnel. If the drum set is clogged or the machine stops operating, press the reverse button 2 to 3 times and press the on button again to resume normal operation.



Switch the juicer OFF before changing accessories or touching any moving parts. Remove the drum set from the housing by turning the locking clip counterclockwise. Pull the auger forward to disassemble it from the drum set. After juicing, wash all parts in warm soapy water. Parts may be placed on the top rack of the dishwasher.



Do NOT run juicer for more than 30 minutes continuously at any one time.

FRUIT AND VEGETABLE JUICER

Cone : Juicing Screen

Nozzle : No Nozzle Needed

HELPFUL HINTS

- The included sieve, which fits on both of the bowls, should be needed after processing items that have more pulp or foam for your taste. It should not be used during the juicing process. It should be used at the end of the juicing process by pouring all of the prepared juice through the sieve.
- While the **Omega 8004/8006 Nutrition Center** can extract juice from unpeeled fruits and vegetables, we recommend you thoroughly wash and peel your fresh ingredients to remove accumulated chemicals.
- Cut fruit or vegetables into small pieces so that juice may be extracted more thoroughly.
- Turn on the machine and let it run without interruption until all the juice has been extracted.
- When using a combination of soft and firm produce, alternate the items. It is best to start with the softer items and to finish with the firmer items.
- If the pulp in the drum starts to clog, turn off the machine and empty the drum set. Reassemble and resume normal operation.

Do not juice anything that will change the taste in a negative way.

- (Example: orange rind)

Items that are traditionally thrown away for meals may be juiced.

- (Example: carrot or beet stems)

Soft produce will process more easily if refrigerated.

- Items like ginger, lemon and beet may be added for taste. They should all be used according to your taste. Although they are listed in many of our recipes, they are optional. Make drinks that suit your personal taste or health needs.

- After placing the last piece of fruit or vegetable into the funnel, keep the machine running for a few seconds longer to ensure the machine has extracted the last drops of juice.

- Clean all parts that come into contact with juice after each use of the **Omega 8004/8006 Nutrition Center**.

WHEATGRASS AND GREENS JUICER

Cone : Juicing Screen

Nozzle : No Nozzle Needed

HELPFUL HINTS

- Small quantities of wheatgrass/greens will be easier to push down the feed chute. Do not overfill the feed chute.
- When juicing items like wheatgrass/greens, some juice may exit into the pulp bowl and not the juice bowl, this is normal. This may occur until the ejection area is filled with pulp.
- Allow most of the juice to exit before pushing the next item in.
- When using a small item or piece of an item for taste, insert that item during the first half of the juicing process. If inserted at the end, the full taste may not come through.
- Various green drinks may be too strong for some people. If so, it is advised to add carrots or beets, which will sweeten or mask the taste of the greens so you may still enjoy its benefits and nutrients.
- The included sieve fits on both of the bowls. It should only be needed when processing items that seem to have too much pulp in the juice or excessive foam on the top of the juice. The sieve should not be on any of the bowls during the juicing process. It should be used at the end of the juicing process by pouring all of the prepared juice through the sieve.