

Air Pad Instructions

To Inflate:

Unroll the mat and place it flat. Fully open the valve(s) by turning counterclockwise and the mat will start to self inflate. To obtain extra firmness, blow air into an open valve by mouth until the mat has reached the desired firmness. When the mat is at its desired inflation, close the valve(s) immediately by turning clockwise. In extremely cold temperatures do not blow into the mat as the moisture from your breath could cause the air pad to not inflate properly.

To Deflate:

Fully open the valve(s) by turning counterclockwise. Roll the mat from the end opposite of the valve(s) forcing the air toward and out the valve(s). While applying pressure to the rolled mat, keep the valve(s) open and release the remaining air. Then close the valve(s) and place the included straps around the rolled up mat for added compactness.

Caring for your mat:

Avoid using the mat on sharp or abrasive surfaces, such as rocks, branches, pine cones, and pins and needles. Avoid using the mat in a swimming pool as the chlorinated water will adversely affect the exterior fabric. Do not use an air pump to over inflate the mat as it may cause irreparable damage.